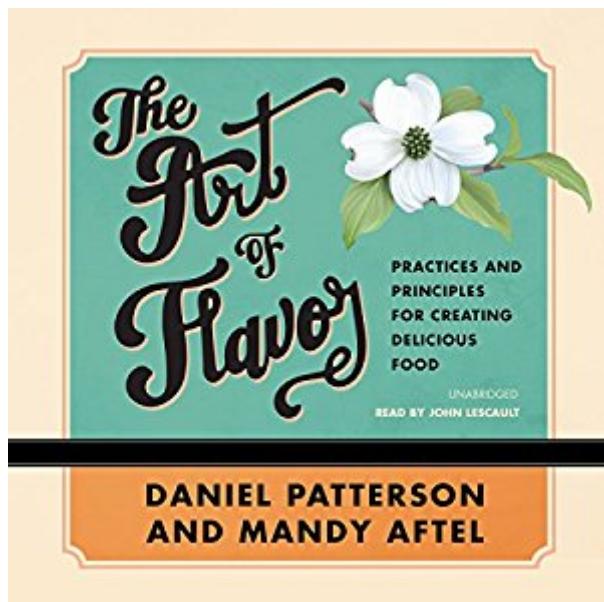


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The Art Of Flavor: Practices And Principles For Creating Delicious Food



Synopsis

Two masters of composition - a chef and a perfumer - present a revolutionary new approach to creating delicious food. Michelin two-star chef Daniel Patterson and celebrated natural perfumer Mandy Aftel are experts at orchestrating ingredients. Yet in a world awash in cooking shows and food blogs, they noticed, home cooks get little guidance in the art of flavor. In this trailblazing guide, they share the secrets to making the most of your ingredients via an indispensable set of tools and principles, including: The Four Rules for creating flavor A Flavor Compass that points the way to transformative combinations Locking, burying, and other aspects of cooking alchemy The flavor-heightening effects of cooking methods The Seven Dials that let you fine-tune a dish With more than 80 recipes that demonstrate each concept and put it into practice, *The Art of Flavor* is food for the imagination that will help cooks at any level become flavor virtuosos. PLEASE NOTE: When you purchase this title, the accompanying reference material will be available in your My Library section along with the audio.

Book Information

Audible Audio Edition

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Customer Reviews

This is like no cookbook I have ever seen. It deals with cooking on a much deeper level than just a collection of recipes. To put it simply, it will help you gain a better understanding of the "why" we do or use such things (techniques, ingredients, etc.). I would HIGHLY recommend this book to anyone that wants to really learn how to navigate their way through a dish.

Mandy and Daniel have used their collective expertise to articulate and share principles underlying

the creation of flavors. Whether you're cooking at home or in a world class restaurant, or just wanting to think deeper about flavor, this book will give you tools that will help you create and enjoy delicious flavors. I highly recommend it to everyone!

Another "Free yourself from recipes" book. I have "Salt, Fat, Acid, Heat" this book is in that vain but probably has info the other doesn't, I liked it but thought they skimmed over the use of herbs, bitter, umami a little lightly. And when comparing building a dish to the notes of a musical chord, they spell the bass note as the "base" note over and over lol! I could return it but I always see value in these anti-recipe books. There are recipes here but they are only used to illustrate the lesson.

I've been really enjoying reading this book which is more of a literature style cookbook with recipes that show application for flavor explanations. I left one star off as I found spelling errors, I think they would want to know about. I only got up to p35 and found two errors. 1. p30 under { INTENSITY }, fifth sentence down "hone" should be hone. 2. p35 under { SHOPPING IS THE FIRST STEP IN COOKING }, 2nd paragraph, 1st sentence "divine" should be divide.

unique, helpful and creative ideas for home cooks to experience flavor like never before. Artfully written with terrific recipes and lots of interesting culinary history

Lots of useful info. Nothing "new" but a fine book after all. Tasty recipes and good advices. A good cookbook.

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